# Free Online Trainings Available Anytime

## **Alison Education Network**

https://alison.com

#### "Establishing Discipline and Rules for Children"- 3 to 4 CEU hours

https://alison.com/course/establishing-discipline-and-rules-for-children

Discover strategies needed for teaching children rules and establishing discipline in this free online course.

This course offers a valuable opportunity to explore the principles of establishing rules and discipline with young children. It will introduce key activities necessary from early childhood to establish clear rules and effective discipline. Educators and parents will gain a deeper understanding of strategies for setting rules, which will enable them to guide children more effectively and teach them to respect boundaries.

#### "Early Childhood Discipline and Boundaries" - 4 to 5 hours CEU hours

https://alison.com/course/early-childhood-discipline-and-boundaries

This free online child psychology course explains the importance of discipline and setting boundaries in children.

This child psychology course explores the positive and negative aspects of children's discipline including developing good discipline in early childhood. We discuss the role of boundaries in children and the surprising reasons why kids misbehave. We also focus on the development of disciplining kids with positive and negative consequences. This course will answer questions like "How to discipline toddlers using time-outs?"

## **Conscious** Discipline

https://consciousdiscipline.com/

"Guiding the Most Challenging Children" video – 1 hour CEU https://consciousdiscipline.com/e-learning/webinars/guiding-the-most-challengingchildren/

"Handling Everyday Upset, Tantrums, and Teaching Social Skills" video- 2 hours CEU https://consciousdiscipline.com/e-learning/webinars/handling-everyday-upsets-tantrumsand-teaching-social-skills/

"Conflict Resolution & Assertiveness with Older Children" video- 1 hour CEU https://consciousdiscipline.com/e-learning/webinars/conflict-resolution-andassertiveness/

"Proven Success Strategies for Children with Special Needs" video- 1 hour CEU https://consciousdiscipline.com/e-learning/webinars/proven-success-strategies-forchildren-with-special-needs/

"Three Vital Steps to Successful Routines" video- 1 hour CEU https://consciousdiscipline.com/e-learning/webinars/three-vital-steps-to-successfulroutines/

"Guiding the Most Challenging Children" video- 1 hour CEU https://consciousdiscipline.com/e-learning/webinars/guiding-the-most-challengingchildren/

# Suicide Prevention Resource Center

https://sprc.org

\*Click on "Training", then select "Online Courses" and select trainings from the following options:

### Safety Planning for Youth Suicide Prevention

Develop knowledge and skills in using the Stanley-Brown Safety Planning Intervention when working with young clients at risk of suicide.

#### Locating and Understanding Data for Suicide Prevention

Explore sources of data that can help provide an understanding of suicide nationally, in your state, and locally.

### A Strategic Planning Approach to Suicide Prevention

Identify and prioritize suicide prevention activities through strategic planning to maximize impact in your community or setting.

## Also at Suicide Prevention Resource Center

#### https://sprc.org

\*Click on "Training" and then select "Micro-Learning Lab" and select trainings from the following options:

<u>Collaborating on Safety Plans</u> This brief video describes strategies for developing a safety plan in collaboration with someone who is at risk of suicide.

Lived Experience: What It Is and How to Include It - Watch this brief video to learn what "lived experience" is and how partnering with people with lived experience can guide service design and delivery.

<u>The Patient Safety Screener: A Brief Tool to Detect Suicide Risk-</u> Our new seven-minute video describes the PSS-3, a tool developed by the University of Massachusetts Medical School.

**Effective Suicide Prevention:** This video provides a brief overview of SPRC's Effective Suicide Prevention Model to help you carry out suicide prevention efforts that are most likely to be effective.